



Further Education Program

Module Title	SMart2Move Level 2 Certification	Date	11.11.2024
Panel Speakers	Gregory Labrat & Jean Paul Fernandez	Venue	Golfpark Otelfingen
Description	<p>Smart2Move are industry leaders in the field of measuring and analyzing ground force reaction. As partners of the Swiss PGA they are committed to helping members improve their coaching skills. This webinar will introduce attendees to GRF, how to effectively analyze GRF and also an understanding of how GRF influences both movement and speed. Gregory and Jean Paul will also discuss drills to improve how players move, adding a crucial component to your coaching tool kit.</p>		<p>Costs</p> <p>CHF 275 for Swiss PGA Members CHF 200 for Swiss PGA Apprentices CHF 300 for Non SPGA members</p>
		Recertification Points	2

Detailed Program for the day

Time
0830 - Registration & Coffee
0855 - Introduction
0900 - 1030 - Session 1 - Biomechanics with 3D Dual Force plates & Teaching with 3D Force plates
1030 - 1100 - Break
1100 - 1230 - Session 2 - Strength & Conditioning with 3D Force plates
1230 - 1330 - Lunch Break
1330 - 1500 - Session 3 - Outside - The Biomechanist
1500 - 1530 - The Golf Coach & The strength and conditioning coach
1600 - FED end for all